How Learning Works Self-Direction & Metacognition
Chapter 7 Summary Empty Outline

1. What is metacognition?

2. Give examples of both inadequate and successful metacognitive development as noted in the “Research” section:

3. Why might a belief in “malleable” intelligence be helpful to metacognitive development?

4. Draw a concept map to illustrate the cycle of metacognition described in the “Research” section and its connection to the recommended strategies (use the back of the handout if needed)